



TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER

January 2025



Junior Cooking Club



Cloverbuds



Art Club



Homeschool Club



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TAYLOR COUNTY 4-H

January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy New Year Office Closed	2	3	4
5	6	7 4-H Livestock Club 6:30 PM	8 TCIS Gholston & Jeffries	9 Piggy Bank Class 3:30 PM	10	11
12	13 Homeschool Club 10:00 AM Junior Cooking Club 3:30 PM <small>*Class is full, Call office to be added to wait list</small>	14 4-H Livestock Club 6:30 PM	15 4-H Ambassadors	16 CES 4th Sharp Cloverbuds Snowman 5:00 PM	17	18
19	20  Office Closed	21 4-H Horticulture Club 3:30 PM 4-H Livestock Club 6:30 PM	22 Art Club 3:30 PM	23 Senior Cooking Club 3:30 PM	24 Written Communications Contest DUE TODAY!	25
26	27 4-H Council 6:00 PM	28 Entomology Club 3:30 PM 4-H Livestock Club 6:30 PM	29	30	31 Piggy Bank Contest DUE TODAY!	



SIGNUP FOR 4-H CLASSES
ON eventbrite*
HTTP://BIT.LY/TAYLOR4H

PIGGY BANK DESIGN CLASS



Thursday,
January 9,
3:30 PM

YOU WILL BE CREATING
A PIGGY BANK TO ENTER
THE CONTEST!

FREE & OPEN TO YOUTH
9-18 YEARS OF AGE

TAYLOR COUNTY
EXTENSION OFFICE

MONEYWISE Cooperative
VALUING PEOPLE. VALUING MONEY. Extension Service



For more information or for official rules and guidelines contact Kimberly Thomas, the Taylor County Extension Contact Agent for 4-H and Youth Development by phone at (270) 465-4511 or by email at kimberly.thomas@uky.edu

*AN EQUAL OPPORTUNITY ORGANIZATION.

 4-H Homeschool Club

Fluffy Slime



Monday, January 13 | 10 AM

Free and open to youth 5-18 years old.
Registration required on Eventbrite.

*An equal opportunity organization.



Cooperative
Extension Service

Taylor County 4-H
CLOVERBUDS



Thursday, January 16
5:00 PM

Taylor County Extension Office

Free and open to youth 5-8 years old.
Registration required on Eventbrite.

*An equal opportunity organization.

Cooperative
Extension Service



4-H HORTICULTURE

GOURD PAINTING



TUESDAY, JANUARY 21 | 3:30 PM
TAYLOR COUNTY EXTENSION OFFICE
FREE & OPEN TO YOUTH 9-18 YEARS OLD
REGISTRATION REQUIRED ON EVENTBRITE

*AN EQUAL OPPORTUNITY ORGANIZATION.

2025 TAYLOR COUNTY 4-H WRITTEN COMMUNICATIONS CONTEST



Categories include:

- Songwriting
- Poetry - 3 line minimum and 25 line maximum
- "What 4-H Means to Me" Essay - minimum 500 words
- Original Monologue
- Press Release - maximum of 1,000 words
- Public Service Announcement
- Infographic

This is for any youth age 9 (as of January 1st, 2025) to 18. There are Junior and Senior divisions for each category. The deadline for submission is January 24th, 2025 at 4:30PM.

All entries must be submitted as a PDF to kimberly.thomas@uky.edu and include name, birthdate, and category

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disability
accommodated
with prior notification.

4-H ART CLUB

Mixed Media Painting



We will be using watercolor, tempera paint & construction paper to create a bird collage masterpiece.

Wednesday, January 22
3:30 PM

Taylor County Extension Office
Free and open to youth 9-18 years old.
Registration required on Eventbrite.
*An equal opportunity organization.

Cooperative Extension Service



4-H ENTOMOLOGY

GRASSHOPPERS



TUESDAY, JANUARY 28 | 3:30 PM
TAYLOR COUNTY EXTENSION OFFICE
FREE & OPEN TO YOUTH 9-18 YEARS OLD
REGISTRATION REQUIRED ON EVENTBRITE

*AN EQUAL OPPORTUNITY ORGANIZATION.

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Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546,

the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032,

or US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.



Join us for the First Annual 4-H Day
Hosted by the Kentucky Historical Society!

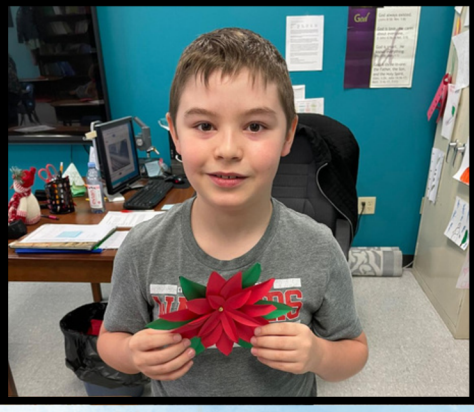
FRIDAY, FEBRUARY 7, 2025
10:00 a.m. - 4:00 p.m. EST

Explore and discover in Frankfort, Kentucky's state capital. 4-Hers will have the opportunity to earn achievement points and network with other 4-H members from across the Commonwealth while touring two of our sites: the Thomas D. Clark Center for Kentucky History (including our main exhibit, *A Kentucky Journey*), and the Old State Capitol building. Recommended for students in grade 6-12.

More Information will be coming later.



100 West Broadway • Frankfort, KY • history.ky.gov



24-25 Enrollment Forms

Available at the Extension Office or <https://bit.ly/enroll4h2025>

Once you have returned this enrollment form you may begin attending meetings.

4-H age is 9-18 as of January 1, 2025 and Cloverbuds are for ages 5 to 8 as of January 1, 2025



Chicken and Dumpling Soup

Servings: 10 Serving Size: 1 cup Recipe Cost: \$9.63 Cost per Serving: \$.96

Cooperative Extension Service



Ingredients:

- 2/3 cups cooked chicken, cubed
- 4 carrots
- 3 stalks of celery
- 3 medium potatoes
- 1/2 yellow onion
- 1 clove garlic
- 2 tablespoons olive oil
- 2 (32-ounce) boxes of low sodium chicken broth
- 2 cups frozen peas
- 1 (12-ounce) package frozen dumplings
- Salt and pepper, optional

Directions:

1. Chop vegetables into bite sized cubes; chop onion and garlic finely.
2. In a large soup pot, heat olive oil over medium-high heat and sauté the onion and garlic until tender.
3. Add the carrots, celery and potatoes and stir for a few minutes, being careful not to burn them.
4. Pour in the broth and bring to a boil. Add dumplings, a few at a time.
5. Turn down heat and simmer for about 15 minutes, stirring often, until the vegetables have softened.
6. Add chicken and raise heat to medium-low for 10 minutes.
7. Add frozen peas during the last five minutes. Add salt and pepper to taste.

Make it a Meal

- Chicken and Dumpling Soup
- Apple wedges
- Low-fat milk

Source: Jennifer Duty, Clark County Extension Volunteer

Tips

1. Save money by cooking the chicken at home and making your own broth.
2. Pay attention to hunger and fullness cues before, during, and after meals. Use them to know when to eat and when you have had enough.

Nutrition facts per serving: 220 calories; 5 g total fat; 1 g saturated fat; 0 g trans fat; 35 mg cholesterol; 200 mg sodium; 23 g carbohydrate; 4 g fiber; 19 g protein; 50% Daily Value of vitamin A; 24% Daily Value of vitamin C; 8% Daily Value of calcium; 10% Daily Value of iron

4-H Remind

Stay up-to-date with the latest Taylor County 4-H information by signing up for our Remind notifications.

Text @4htaylor to 81010

TAYLOR COUNTY 4-H NEWSLETTER

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email Elizabeth.Burton@uky.edu or Rebecca.Despain@uky.edu



Taylor County Extension Office
1143 S Columbia Ave
Campbellsville, KY 42718
(270) 465-4511



HEAD



HANDS



HEART



HEALTH

KENTUCKY SAVES

2025 PIGGY BANK DESIGN CONTEST

MONEY SAVED IS A FUTURE EARNED



WHAT: The 2025 Piggy Bank Design Contest is a creative way for youth to learn the importance of saving money and reducing debt.

WHY: To creatively celebrate Kentucky Saves Week.

WHO: School students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

WHEN: The contest begins on: **December 18, 2024**
and ends on: **January 31, 2025**

HOW: Participants submit an original piggy bank and entry form.

RECOGNITION: Winners will have their names, grades, counties, and winning piggy banks displayed in the Capitol Rotunda in Frankfort, Kentucky during March and April 2025. Winners also will receive a certificate.

Kentucky Saves Week:

April 7-11, 2025

Kentucky Saves:

www.kentuckysaves.org

MoneyWise:

fcs-hes.ca.uky.edu/moneywise

Taylor County Cooperative
Extension Office
1143 South Columbia Ave.
Campbellsville, KY
42718
(270) 465-4511
Kimberly.thomas@uky.edu

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KENTUCKY SAVES

2025 PIGGY BANK DESIGN CONTEST

MONEY SAVED IS A FUTURE EARNED



MONEYWISE
VALUING PEOPLE. VALUING MONEY.



Cooperative
Extension Service

2025 Piggy Bank Design Contest Official Rules

ADMINISTRATOR: University of Kentucky, Family and Consumer Sciences Extension, c/o Kelly May, 112 Erikson Hall, Lexington, KY 40506. Email: k.may@uky.edu

CONTEST DESCRIPTION: Kentucky youth are asked to celebrate Kentucky Saves Week by using their creativity to make a piggy bank.

ELIGIBILITY: Contest is open only to school students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

HOW TO ENTER: To enter the Contest, eligible youth ("Entrants") must:

1. Create an original piggy bank design as described under Contest Timing and Entry Requirements.
2. Submit Entry and Official Entry Form to Your Local County Cooperative Extension Office. Your County Extension Office Contact Information may be obtained at <http://extension.ca.uky.edu/county>. Entries must be delivered to the Cooperative Extension Office by: **January 31, 2025**
3. Winning Entries at the area level must be selected by February 7, 2025.

CONTEST TIMING:

Submit Entry by deadline. Must be submitted by: **January 31, 2025** to your local county extension office. Each Entry must be accompanied by an official Entry Form.

One (1) Entry per person during the Contest period. In the event more than one (1) Entry is received from any one person, the first Entry processed will be considered the only valid Entry and subsequent Entries from the same person will be disqualified.

ENTRY REQUIREMENTS:

Entries must meet the following requirements to be eligible for judging:

- a. The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot).
- b. Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- c. Piggy banks must be created or decorated by the youth contestant.
- d. Plastic or ceramic banks piggy banks may be used, but must be personally decorated.

- e. Piggy banks DO NOT have to be in the shape of a pig.
- f. You MAY use or repurpose other containers.
- g. Piggy banks must be submitted and judged through the local Cooperative Extension Office.

In addition, an Entry shall be void if it contains any material that sponsors or judges in their sole discretion deem patently offensive or inappropriate, such as, but not limited to, profanity. By submitting an Entry, the parent/legal guardian of the Entrant represents and warrants that the entire Entry is the original work of the Entrant, not previously submitted or distributed elsewhere for any other purpose. The parent/legal guardian of the Entrant further warrants that he/she has obtained the consent of any persons/parties portrayed in the Entry. Sponsors shall have the right to use/showcase the Entry in any manner, in any and all media, worldwide in perpetuity without further compensation or consent. Upon request of Sponsors, the parent/legal guardian of Entrant will provide a copy of any written consent as required above.

JUDGING CRITERIA/WINNER SELECTION

AND VERIFICATION: Entries will be judged within Extension Areas by a panel of judges coordinated by the Area piggy bank delegate. Each panel of judges will select one (1) winning Entry for a possible total of 12 winners statewide — 4 per Extension Region. The judges will review all Entries and select the winners based on the following criteria: originality, creativity, artistic design, and attractiveness. Judging of Entries and the determination of the winners will be completed by:

January 31, 2025

The winner's name, grade, county, and winning Entry may be displayed at the State Capitol in Frankfort.

Any Entry, or portion of any Entry, which in the sole discretion of the judges (a) defames or infringes the right of privacy or publicity or other proprietary right of any person, living or deceased, or entity; and/or (b) is offensive, profane, obscene or not in keeping with the image of the Sponsors will be disqualified.

KENTUCKY SAVES



2025 Piggy Bank Design Contest Entry Form

Directions: Please complete entry form and submit with piggy bank entry. See Official Contest Rules for complete entry instructions.

Participant's Name: _____

County: _____ **Gender:** _____

Grade: _____ **School:** _____

Piggy Bank Name/Description: _____

Print Parent/Legal Guardian Name: _____

Signature: _____ **Date:** _____

Home Address: _____

City: _____ **County:** _____ **Zip:** _____

Email: _____

Parent Phone: _____

To be filled out by the Extension Agent accepting the entry:

County: _____ **Extension Area:** _____

Agent Name: _____ **Circle One:** FCS 4-H Other