



DECEMBER 2023 TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER



Art Club - Junk Journals



4-H Ambassadors



Homeschool Club



Holiday Wreath Class



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Taylor County 4-H December



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Campbellsville Christmas Parade
3	4	5 Livestock Judging Practice 4:30 - 6	6	7 String Art 3:30-4:30	8 2024 COUNTRY HAM PROJECT DEADLINE	9
10	11 HOMESCHOOL CLUB 10:00-11:00 COOKING CLUB \$5 & 3:30-4:30	12 RAG WREATHS 3:30-4:30 Livestock Judging Practice 4:30 - 6	13 Bug Club 3:30-4:30	14 4-H Ambassador's Day	15	16
17	18 No Sew Blankets \$15 & 2:00-4:00 MOVIE NIGHT 6:00-8:00	19 Birdfeeders 3:30-4:30 Bee Club 5:00-6:00 Livestock Judging Practice 4:30 - 6	20 Volunteer Paperwork Due	21	22	23
24	25 * MERRY * CHRISTMAS	26	27	28	29	30
31	EXTENSION OFFICE CLOSED					



**SIGNUP FOR 4-H CLASSES
ON eventbrite***
[HTTP://BIT.LY/TAYLOR4H](http://bit.ly/Taylor4H)

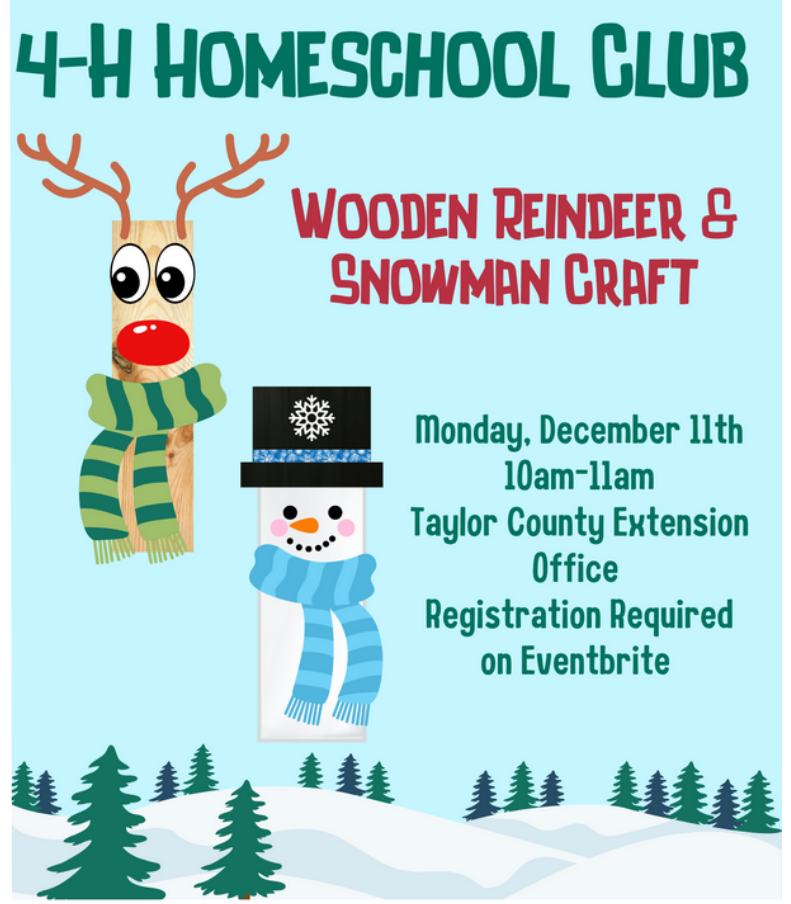
Upcoming Events



TAYLOR COUNTY 4-H
STRING ART

DECEMBER 7TH | 3:30PM-4:30PM
TAYLOR COUNTY EXTENSION OFFICE
FREE & OPEN TO YOUTH 9-18 YEARS OLD
REGISTRATION REQUIRED ON EVENTBRITE

This event features four young girls proudly displaying their string art projects. The projects include a snowflake, a Christmas tree, a snowflake, and a sunflower. The background shows a hallway with a wooden counter and a window.



4-H HOMESCHOOL CLUB
WOODEN REINDEER & SNOWMAN CRAFT

Monday, December 11th
10am-11am
Taylor County Extension Office
Registration Required on Eventbrite

The graphic features a cartoon reindeer with a wooden body, large eyes, and a red nose, wearing a green and blue striped scarf. Next to it is a snowman with a black top hat with a snowflake, a blue and white striped scarf, and a carrot nose. The background is a light blue sky with green pine trees and a white snow-covered ground.



TAYLOR COUNTY 4-H
COOKING CLUB
Holiday Charcuterie Board

MONDAY, DECEMBER 11 | 3:30-4:30
REGISTER BY PAYING THE \$5 CLASS FEE AT THE TAYLOR COUNTY EXTENSION OFFICE.
LIMITED TO 15 SPOTS.
OPEN TO YOUTH 9-18 YEARS OLD

\$5 Class Fee

This event features a young woman in a blue jacket holding a charcuterie board. The boards are filled with various meats, cheeses, fruits, and nuts. A green oven mitt with the 4-H logo is shown in the top left corner.



TAYLOR COUNTY 4-H

Fleece Rag Wreaths

DECEMBER 12TH 3:30PM-4:30PM
TAYLOR COUNTY EXTENSION OFFICE
FREE & OPEN TO YOUTH 9-18 YEARS OLD
REGISTRATION REQUIRED ON EVENTBRITE

The graphic features two photos of children holding their completed fleece rag wreaths. One photo shows three children holding their wreaths, and another shows a child sitting at a table working on a wreath. The background is a red and orange gradient.

Upcoming Events



Taylor County 4-H
Entomology Club

NEW!

WOOLY BEAR CATERPILLAR



DECEMBER 13TH | 3:30-4:30

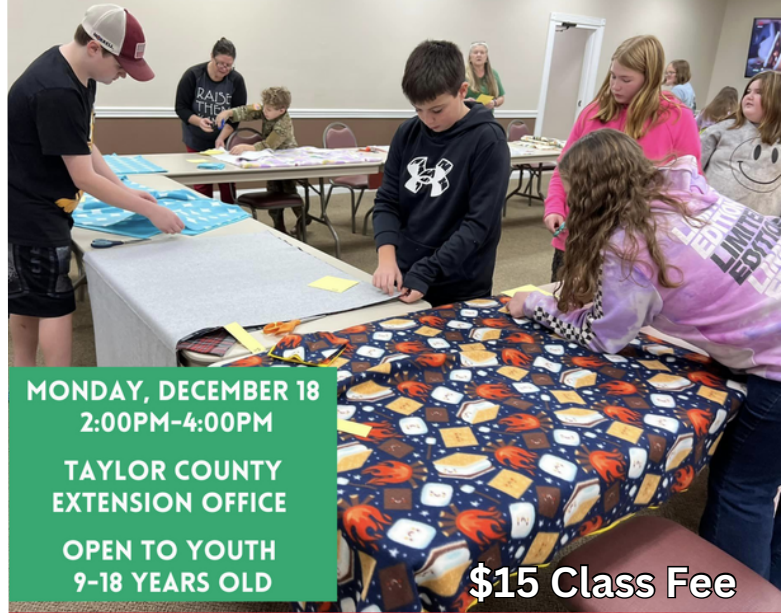
TAYLOR COUNTY EXTENSION OFFICE

REGISTRATION REQUIRED ON EVENTBRITE



TAYLOR COUNTY 4-H

NO SEW BLANKETS



MONDAY, DECEMBER 18
2:00PM-4:00PM

TAYLOR COUNTY
EXTENSION OFFICE

OPEN TO YOUTH
9-18 YEARS OLD

\$15 Class Fee

REGISTER BY PAYING THE \$15 CLASS FEE AT THE TAYLOR COUNTY EXTENSION OFFICE & CHOOSE YOUR FLEECE FOR THE CLASS (FIRST COME, FIRST SERVE). LIMITED TO 10 SPOTS.

GINGERBREAD HOUSE BIRDFEEDERS



December 19 | 3:30PM-4:30PM

Taylor County Extension Office
FREE & Open to Youth 9-18 Years Old
Registration Required on Eventbrite

TAYLOR COUNTY 4-H BEE CLUB



Bee Merry

JOIN US TO CREATE BEEAUTIFUL HOLIDAY ORNAMENTS

DECEMBER 19 | 5:00 - 6:00 PM

TAYLOR COUNTY EXTENSION OFFICE

REGISTRATION REQUIRED ON EVENTBRITE

UPcoming Events

4-H LIVESTOCK JUDGING TEAM



LIVESTOCK JUDGING IS A PROCESS OF EVALUATING, SELECTING, PLACING, AND LEARNING THE VARIOUS LIVESTOCK SPECIES—BEEF CATTLE, SHEEP, AND SWINE.

FREE & OPEN TO YOUTH 9-18 YEARS OLD

DECEMBER PRACTICES

DECEMBER 5, 12, & 19

4:30 PM - 6:00 PM

AT THE TAYLOR COUNTY EXTENSION OFFICE



2024 TAYLOR COUNTY 4-H COUNTRY HAM PROJECT

- Open to all Taylor County 4-H Members ages 9-18
- Project will meet 4-5 times at Penn's Country Ham (8812 Liberty Rd, Campbellsville, KY 42718) or at the Taylor County Extension Office starting in March 2024.
- Youth will select, salt, wash, sock, cure and oil two smoked country hams.
- Youth are required to give a 3-5 minute speech on country hams at the Kentucky State Fair on August 15, 2024 in order to keep their 2nd ham.
- Youth are also required to participate in our County Speech & Demo Contest on Tuesday, March 26 at the Taylor County Extension Office.



\$50 - SIGN UP & PAY BY DECEMBER 8, 2023 AT THE TAYLOR COUNTY EXTENSION OFFICE



Save the Date

4-H CAMP 2024

June 11 - 14, 2024
Lake Cumberland 4-H Camp
Adair, Green, Taylor & Wayne

VOLUNTEERS NEEDED

- ✓ Cooking Club Leader
- ✓ Horse Club Leader
- ✓ Homeschool Club Leader
- ✓ Sewing Volunteers



Lead club meetings and activities

Chose the lessons you teach

Make a difference with the youth in our community!

Taylor County 4-H Presents



Holiday

MOVIE NIGHT



FREE & OPEN
TO ALL

MONDAY, DECEMBER 18 | 6:00-8:00PM
TAYLOR COUNTY EXTENSION OFFICE



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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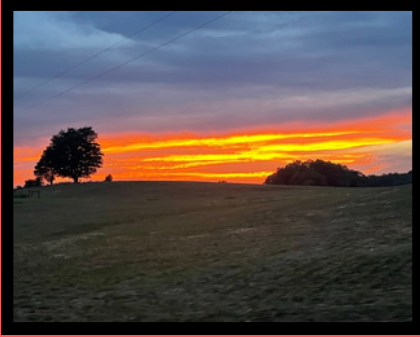


Disabilities
accommodated
with prior notification.

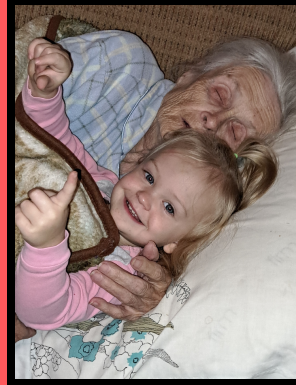


TAYLOR COUNTY 4-H PHOTOGRAPHY CONTEST

NOVEMBER 2023 4-H PHOTO CONTEST: LEADERSHIP



LUKE
GRISSO



CARSON MILBY



LATHAN
WEATHERFORDD



BRISTOL
OSBORNE

**STOP BY THE EXTENSION OFFICE TO PICK UP YOUR PRIZE!
NO 4-H PHOTO CONTEST IN DECEMBER**

KENTUCKY SAVES
2024
PIGGY BANK
DESIGN CONTEST
MONEY SAVED IS A FUTURE EARNED

**USE YOUR CREATIVITY TO MAKE A PIGGY BANK
AND START SAVING YOUR CHANGE!**

Deliver your “piggy bank” to the
Taylor County Extension Office by
Friday, January 12th for display and
judging.

County prizes will be awarded in the
following age categories:
K-3, 4-6, 7-8 & 9-12

ENTRY REQUIREMENTS: Entries must meet the following
requirements to be eligible for judging:

- The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot)
- Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- Piggy banks must be created or decorated by the youth contestant.
- Plastic or ceramic banks may be used, but must be personally decorated.
- Piggy banks **DO NOT** have to be in the shape of a pig.
- You **MAY** use or repurpose other containers.



MONEYWISE
VALUING PEOPLE. VALUING MONEY.

UK Cooperative
Extension Service



For more information or for official rules and
guidelines contact Kimberly Thomas, the Taylor
County Extension Agent for 4-H Agent for Youth
Development by phone at (270) 465-4511 or by email
at kimberly.thomas@uky.edu



23-24 ENROLLMENT FORMS

AVAILABLE AT THE EXTENSION OFFICE OR
[HTTPS://BIT.LY/ENROLL24](https://bit.ly/enroll24)

ONCE YOU HAVE RETURNED THIS ENROLLMENT FORM YOU MAY BEGIN ATTENDING MEETINGS.
 4-H AGE IS 9-18 AS OF JANUARY 1, 2024
 AND CLOVERBUDS ARE FOR AGES 5 TO 8 AS OF JANUARY 1, 2024



EAT SMART TO PLAY HARD

KENTUCKY NUTRITION EDUCATION PROGRAM | YOUTH TOOLKIT



RECIPE NAME	CURRICULUM TOPIC	SETTING REQUIREMENTS
Festive Tree Cucumber Sandwiches	Grains; Fruits/Veggie; Dairy; Gardening	Indoor or Outdoor
ESTIMATED TIME	AGE	
Less than 30 Minutes	Youth	

INGREDIENTS

- 1 cup plain nonfat Greek yogurt
- ½ teaspoon dried dill weed
- ¼ teaspoon garlic powder
- ¼ teaspoon salt
- Dash black pepper
- 1 small cucumber
- 8 slices whole wheat bread
- 8 cherry tomatoes

Optional Garnishes: shredded carrots, diced red pepper and shredded cheddar cheese.

DIRECTIONS

- In a small bowl, mix together the yogurt, dill weed, garlic powder, salt and black pepper. Set aside.
- Slice cucumber crosswise thinly into rounds and then each round in half.
- Cut bread into basic tree shape using a serrated knife—or use a sandwich cutter.
- Spread about 2 tablespoons of spread on each slice of bread; top spread with arranged cucumber slices.
- Place a cherry tomato on the top of the sandwich. Garnish each sandwich with shredded carrots, diced red peppers or shredded cheese, if desired.
- Serve immediately.



Nutrition Facts	
8 servings per container	
Serving size 1 sandwich (96g)	
Amount per serving	
Calories	120
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1mg	6%
Potassium 102mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

4-H Remind

Stay up-to-date with the latest Taylor County 4-H information by signing up for our Remind notifications.

Text @4htaylor to 81010

TAYLOR COUNTY 4-H NEWSLETTER

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email Elizabeth.Burton@uky.edu



Taylor County Extension Office
 1143 S Columbia Ave
 Campbellsville, KY 42718
 (270) 465-4511



HEAD



HANDS



HEART



HEALTH